

# ELKRIDGE ELEMENTARY SCHOOL

Debra Anoff, Principal

Katherine Carter & Anthony Esposito, Assistant Principals

**Elkridge...Always providing Elkcellence!**



**The Elkster  
Examiner**

**7075 Montgomery Road  
Elkridge, MD 21075  
410-313-5006**

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**Health Room 410-313-8506**

**Front Office 410-313-5006**

**[ees.hcpss.org](http://ees.hcpss.org)**

## **A NOTE FROM ADMINISTRATION:**

These past few weeks leading up to the break have been busy here at school. This has included Family Fun Night last Friday. Elkster's birthday party was a huge success! Thank you for supporting our PTA.

Here at school we have wrapped up the PBA (Performance Based Assessment) portion of the PARCC test. All of our students in grades 3-5 did an excellent job working through the math and language arts sections of the test. Since this is the first year of PARCC we will not get our results until early next school year, but when we do we will be using them to help us refine and improve our instruction.

## **LAST DAY OF SCHOOL UPDATE**

The last day of school was originally scheduled for June 10 on the 2014-2015 school calendar, which reserved five additional days through June 17 for inclement weather makeup. As of today, all five of those makeup days have been used, plus three additional inclement weather days. For the three additional days used, the Board of Education on March 12 voted to apply to the Maryland State Dept. of Education (MSDE) for a waiver for one inclement weather day used, and extend the school year by two more days, **making June 19 the last day of school for students.** The calendar adjustment will not be final until approved by MSDE. Additional changes may also be needed if more inclement weather closures occur.

On behalf of the entire Elkridge Elementary staff, we'd like to wish you and your family a wonderful Spring Break. We hope you enjoy your week off, and look forward to seeing everyone on Tuesday, April 7.

Debra Anoff, Anthony Esposito, & Katherine Carter

## **Attention 5<sup>th</sup> Grade Parents:**

Middle school orientation at Elkridge Landing Middle is scheduled for Thursday, April 16. All parents of incoming sixth graders are welcome to visit in the cafeteria for general orientation information from 7-8pm. Parents of students going into G/T classes next fall are invited to attend a G/T orientation information session in the media center between 6-6:45.

## **Nutrition Tips from the Health Room:**

By helping your child establish a healthy diet and regular exercise, you can reduce his or her risk of experiencing health problems for the future. If you eat nutritious foods yourself, your



child will eat healthier too. Make sure to provide a variety of foods so your family gets all the vitamins and minerals their bodies need to function properly.

**Here are some ideas to make nutritious sandwiches for school lunches:**

- Use low-fat/lean lunch meats such as turkey, chicken or veggie dogs-they are good in sandwiches or cut into strips and put on top of a salad or pack them with low fat honey mustard or ranch dressing for dipping along with carrots and broccoli.
- Put leftover chicken or turkey strips in a tortilla to make a cold fajita-add strips of raw red and green peppers, onions, salsa, rice, beans and use fat-free sour cream as a dressing.
- Stuff a pita-bread "pocket" with vegetables, fat-free cheese and pieces of grilled chicken or hummus.
- Cut up vegetables such as onions, carrots, celery and green peppers to add to tuna with fat-free mayonnaise.
- Mix leftover chicken with fat-free mayonnaise, raisins, shredded carrots and sliced almonds for a great chicken salad.
- Use an "all-natural" or organic peanut butter and a jelly that contains 100% fruit and does not contain high-fructose corn syrup.
- Spread peanut butter on a whole-grain tortilla and add slices of bananas and roll up.
- Use lettuce to wrap up lunchmeat and/or cheese instead of bread to make an inside-out sandwich or use whole-grain breads instead of white bread.
- Spread pizza sauce on a whole-wheat tortilla with cheese-melt the cheese and roll it up or slice it.

**Pre-K Program Coming to EES 2015-2016**

The Howard County Public School System offers a Pre-K program for children of families who meet the income eligibility criteria and who will be four years old by September 1, 2015. Applications for the 2015-16 school year are now available at the front office or on HCPSS website.

**Pre-kindergarten registration is a two-step process:**

1. Interested families must first submit an application with proof of income for review; income guidelines are similar to those used to determine Free and Reduced Meal status. This application must be reviewed by school administration.
2. Once approved, students can be registered by calling the front office at 410-313-5006 to schedule an appointment.

**DATES TO REMEMBER**

March 30 – April 6

**Schools Closed - Spring Break**

Thursday, April 9

3<sup>rd</sup> Grade Field Trip (Robinson Nature Center)  
(Bass, Kell, McNally)



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Friday, April 10

3<sup>rd</sup> Grade Field Trip (Robinson Nature Center)

(Ridgely, Ruffing, Shilling)

4<sup>th</sup> Grade Field Trip (DC Art Museum)

Monday, April 20

PARCC Testing Grades 3-5 (Math)

Tuesday, April 21

PARCC Testing Grades 3-5 (Math)

Thursday, April 23

EES Spring Individual Portrait & Class Group Photos

Friday, April 24

EES Spring Individual Portrait & Class Group Photos

Saturday, April 25

Elkster 5K

Monday, April 27

PARCC Testing Grades 3-5 (English/Language Arts)

**PTA News**

The 5th annual Elkster 5K and 1 mile Fun Run will be April 25th. Look for registration forms coming home soon or visit our race website [www.elkster5k.blogspot.com](http://www.elkster5k.blogspot.com) for forms, sponsor info, and online payment. Like our race page on facebook! We also need raceday volunteers - contact [eespta@hotmail.com](mailto:eespta@hotmail.com) for more info!

**COMMUNITY NOTICES**

***The following events are neither sponsored nor endorsed by the Howard County Public School System.***

**Kindergarten Art Showcase Through April 8**

The Kindergarten Visual Arts Showcase is now on display at the Department of Education. Members of the public are invited to stop by and take a look!

For this exhibition, teachers were asked to submit student artworks and statements that reflect the HCPSS' Visual Art Curriculum for Kindergarten: Art as Discovery.

The display is in the main hallway of the Howard County Department of Education, 10910 Clarksville Pk., Ellicott City. Showcase hours are Monday-Friday, 8:30 a.m.-4:30 p.m. through April 8. Gallery will be closed Feb. 16, April 3 and April 6.



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**North Laurel Community Center**

A new, free walking program for the community beginning Sat., Mar. 28, at the North Laurel Park, at the North Laurel Community Center, 9411 Whisky Bottom Road, Laurel MD. The walking program will be every Sat. from Mar. 28-Oct. 31. New member registration is at 8:45 a.m. program is 9-10 a.m. For more information call 410-740-7601.

**Columbia Association Art Center**

Columbia Art Center School's Out Spring Break program for grades 1-8. Mar. 30- Apr. 3 and Apr. 6, 7:30 a.m.-5:30 p.m., \$50 per child drop-off begins at 7:30; art activities beginning at 9 a.m. To register, please call Columbia Art Center at [410-730-0075](tel:410-730-0075) or email [art.staff@columbiaassociation.org](mailto:art.staff@columbiaassociation.org)

**Columbia Association Art Center**

School's Out Youth Visiting Artist Series, Mosaics, grades 6-8. Come create your own mosaic with Korey Rosenbaum on Mar. 31, \$50 per child, drop-off begins at 7:30 a.m.; art activities begin at 9 a.m. To register, please call Columbia Art Center at [410-730-0075](tel:410-730-0075) or email [art.staff@columbiaassociation.org](mailto:art.staff@columbiaassociation.org)

**Columbia Association**

School's Out Youth Visiting Artist Series, Mosaics, grades 6-8. Come create your own mosaic with Jackie Serpico on Mar. 31, \$50 per child, drop-off begins at 7:30 a.m.; art activities begin at 9 a.m. To register, please call Columbia Art Center at 410-730-0075 or email [art.staff@columbiaassociation.org](mailto:art.staff@columbiaassociation.org).

**Robinson Nature Center**

Anne Robinson's Centennial Spring Break Activities All ages, Wed., April 1-Sat., April 4, 9 a.m.-5 p.m. Free with Robinson daily admission or annual pass.  
[www.howardcountymd.gov/RNCegacy.htm](http://www.howardcountymd.gov/RNCegacy.htm) 410-313-0400.

**Howard County General Hospital, Johns Hopkins Medicine**

Free seminar for parents or coaches of student athletes featuring Johns Hopkins experts – learn about concussions, overuse injuries, heat illness, common knee injuries and hernias, as well as injury prevention and when to seek help for potentially serious conditions. Apr. 8, 6:30 p.m., register online: <http://bit.ly/YoungAthleteSeminar>

**Robinson Nature Center**

Butterfly Gala, all ages, Sat., Apr 11, 6:30-9 p.m. The Howard County Therapeutics Division and Robinson Nature Center cordially invite families of children and adults with special needs to join in an evening of sensory-friendly activities celebrating spring.

**Elkridge Youth Organization**

The EYO 12U Baseball Team is hosting a Bingo Night, April 11, 7 p.m., at the OLPH Gym located at 4801 Ilchester Road, Ellicott City. There will be Designer Purses filled with great prizes for each bingo winner and also Special Bingo card rounds. Tickets are \$20.00 in advance or \$25.00 at the door. Tickets may be bought online at <http://12ucanesbingonight.eventbrite.com> or [12ubingo@verizon.net](mailto:12ubingo@verizon.net)

**Howard County Government**

Howard County Office of Workforce Development & the Mid-Maryland Youth Council  
2015 Youth Job Fair, Friday, Apr.17, 2- 5 p.m. The Sheraton Hotel in Columbia, located at 10207 Wincopin Circle, Columbia, Md. **Free** but youth must register at



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[www.MIDMDYOUTHFAIR2015.EVENTBRITE.COM](http://www.MIDMDYOUTHFAIR2015.EVENTBRITE.COM) Jermira Sarratt 410-290-2623 or [jesarratt@howardcountymd.gov](mailto:jesarratt@howardcountymd.gov)

### **Cedar Lane School**

Cedar Lanes Annual Walk for Our Stars, Sat. April 18, 10 a.m., Maple Lawn Community Center. Come join us for this fun, non-competitive walk. All money raised will be used to support our students with significant special needs and our staff. Funds will go towards the purchase of specialized equipment, expand the school's cultural arts program, increase the number of student field trips, and provide staff development opportunities beyond what is provided by the county. Please support The Walk and help those who can't walk, learn to stand on their own and those who can't speak, find their voice. For further information, please contact Cedar Lane School at 410-888-8800 or [walkforourstars2015@verizon.net](mailto:walkforourstars2015@verizon.net)

### **AFS USA INC.**

Host Families Sought for AFS Exchange Students: Next school year, some twenty AFS exchange students from around the world will come to Howard County for a life-changing year of cross-cultural sharing. Exchange students live in a family such as yours and attend the locally district HS from your address. Contact Christina McGarvey at 410-997-7087 or [ckmgarvey@tahoo.com](mailto:ckmgarvey@tahoo.com) More information is also available <http://www.afsusa.org/hosy-family>.

### **Howard County Government**

Womenfest...A Health & Wellness Event for Women, Sat., Apr. 25, 10 a.m. - 3 p.m. **FREE** Gary J. Arthur Community Center at Glenwood, Cooksville, MD. For more information visit the event's website at [www.howardcountygaging.org/WomenFest](http://www.howardcountygaging.org/WomenFest) or call 410-313-5440.

### **University of Maryland**

Study on Child Brain Development and memory. We are seeking children ages 4-8, typically developing children will participate. Children will receive \$60.00 for participating. Call 301-405-5922 or email [kidbrainstudy@umd.edu](mailto:kidbrainstudy@umd.edu).

### **CAMPS**

#### **YMCA**

Join us for the best summer ever. At the Y, for various camps, discover, create and make memories that will last a lifetime. Whether you're the outdoorsy type, the air-conditioning type, the nature-lover type, the sporty type, the traveler type, the science type, the "I want to get away from home!" type, or every type in between, Y Camp will leave you with a grin on your face! For more information visit [www.ymaryland.org](http://www.ymaryland.org).

### **University of Maryland**

iEngineer@UMD a summer STEM (science, technology, engineering and math) camp for rising 4<sup>th</sup> and 5<sup>th</sup> grade girls. This one-week commuter day camp is an exciting opportunity for girls to learn more about STEM through a variety of fun, hands-on activities. Mon., Jul. 6 -Fri., Jul. 10, 9 a.m. -3 p.m. for more information and to apply, visit <http://wie.umd.edu/k12/iengineer>

### **UMBC Summer Day Camp**

The UMBC summer Day Camp will be celebrating it's 36<sup>th</sup> year of existence in 2015, and we hope that you will send your child to spend all or part of the summer with us. Please let us know if you have any questions 410-455-2638 or email us at [summercamp@umbc.edu](mailto:summercamp@umbc.edu)